

## FOUR VALUES FOR MODERN DAY MINISTERS AND DISCIPLES

P = Permission

- To be tired
- To admit "idolatry"
- To say NO
- To renegotiate expectations and commitments
- To ask for help
- To be ministered to
- To admit needs without being needy
- To create new models and new ways to "do" ministry

R = Reflection

- On our motives
- On our expectations of ourselves
- On how we read/interpret Jesus (*lectio divina*)
- On our practices (*lectio vita*)
- Letting our souls catch up to our bodies

A = Accountability

- Spiritual direction
- Spiritual Companions
- Friends in Ministry
- Friends outside of Ministry
- Prayer partners
- Intentional check-ins

Y = Yield

- Thy will be done, not mine.
- The Kingdom of God, not the Kingdom of me
- 1 Kings 19...(eat, drink and rest...or the journey will be too much for you)